

A Publication of Edgar Cayce's Association for Research and Enlightenment, Inc., Pacific Northwest Region

"Our Limitless Possibilities" Tools for Taking Charge of Your Life Summer Seabeck July 4 - 8, 2007

A blockbuster duo will be sharing their knowledge and experiences July 4 - 8 at our annual Summer Seabeck family camp overlooking beautiful Hood Canal. Attendees will get a chance to share and learn with Kimberly Clark Sharp and Vicki Warren.



- Vicki

Vicki Warren is an internationally known psychic. This popular speaker and lecturer was born with gifts of clairvoyance and clairaudience, and has the ability to provide others with life-altering information. Vicki lends her insights to health practitioners and psychologists, providing them with valuable dimensions in the treatment of their patients, and to law enforcement agencies throughout the world to locate missing or exploited people.

In 1989, Vicki was a wife, mother, and successful businesswoman when she received a life-threatening medical diagnosis. Doctors claimed she had only a few months to live. At first she accepted the prognosis – until she changed her mind! Her decision to live, coupled with her intuitive gifts, revealed the root causes of the dis-ease and the keys to recovery. By listening to her inner wisdom and honoring her “soul purpose,” Vicki rejuvenated her immune system. The result was complete physical healing!

Vicki shares about Universal Laws, healing modalities, and listening to one’s inner wisdom, which serves as a road map to the limitless possibilities in one’s life.

Kimberly Clark Sharp has been billed as a “near-death comedienne” and is renowned for delivering serious information in comical packages. Her philosophy of the “usefulness of goofiness” is a proven coping mechanism and strategy for dealing with life problems and even in times of crisis.

Kimberly received her Master of Social Work Degree from the University of Washington in 1976, pioneered the field of Critical Care Social Work, and founded the Department of Social Work at the world's first bone marrow transplant center. She was Clinical Assistant Professor at the University of Washington for over twenty years, and was named one of the forty most influential people under the age of 40 in the Pacific Northwest in 1987.

In 1995, she authored *After the Light* and has published articles in many journals, textbooks and magazines. She frequently speaks at conferences worldwide, and is often called upon as a consultant to the news and entertainment industry as a spokesperson for the near-death experience. Kimberly considers her greatest accomplishments that of being a cancer survivor and a happy wife and mother.



Other Summer Seabeck Workshops

Every year Summer Seabeck attendees share their amazing gifts by volunteering to do free workshops. Past workshops have included Dreams, Dowsing, Reiki, Cayce Remedies, Nutrition and more. These optional workshops occur during free time. If you have an idea for a workshop, or if you would like to lead one, contact Cal McDonald at 360-668-2467 or cascade.cal@juno.com by June 15th. He will review it with the workshop planning committee. These workshops are to be freely offered and not to make a profit. The following workshops (and others) will be available at Summer Seabeck: **Halette Salazar**: *The Body Electric*; **David Gerdtz**: *Technology as a Spiritual Vehicle*; and **Rev. Marilyn Redmond**: *What was Your Last Life?*



Say Hello to Spring

by Claudia Carabba,
Region Coordinator

"For Life and its expressions are one. Each soul or entity will and does return, or cycle, as does nature in its manifestations about man; thus leaving, making or presenting--as it were--those infallible, indelible truths that it--Life--is continuous. And though there may be a few short years in this or that experience, they are one; the soul, the inner self being purified, being lifted up, that it may be one with that first cause, that first purpose for its coming into existence." Edgar Cayce reading 938-1

Beautiful Spring! Longer days, warmer weather, flowers pushing through the earth, people mowing lawns and going for walks, children playing outside and much laughter. Even the hummingbirds have returned to our feeders and birds are busily preparing their nests for their new families. This is a magical time of year when all things seem to come to life after the long winter. Do you feel an uplifting of spirits? I sure do. Like the flowers pushing up through the earth, we seem to emerge this time of year with no effort. Very much like nature knowing, without trying, how to **BE** what it was intended to be, so too were we intended to blossom and emerge into our true natures, "lifted up," as the reading says (above). Enjoy this time, for it truly passes quickly.

And, while you are feeling good, plan on joining us at one of our outstanding regional events this year. Coming up next, in July, is our annual family camp at Seabeck. This year we start on the 4th of July. Join us on the hillside at Seabeck, overlooking the bay, for their community fireworks following our evening program. Two exceptional speakers promise to delight, intrigue and stimulate you. You can read about them in this issue. Also, check out the web, arepnw.org for all the events throughout the Region. If you don't have a computer, your local library does.

Congress at A.R.E. in Virginia Beach is June 18 - 23. They have an exciting line-up of speakers and events this year including a picnic, Dolphin Cruise, Dance Social and of course the Golden Circle Brunch that Charles Thomas and Leslie Cayce host. The cost is \$100, or \$80 for early registration, and that includes all of the speakers and activities for the whole week (except the Dolphin Cruise which is expected to be about \$30). Talk about a bargain. This is a marvelous opportunity to go to Virginia Beach and actually look at the readings, receive one of the Cayce remedies at the Health Services, make new friends and rekindle the old, and enjoy "the Beach."

I also want to thank you for your generosity and so many words (and works!) of kindness. It all helps to pay for the postage and envelopes, our Region phone, postal box, books and remedies, and all those things from the smallest paper clip on up to the events and travel for our speakers. Your contributions are an acknowledgement to continue the Work to those who dedicate their time and talents to keep us up and running throughout the year.

Many blessings and some new adventures to you as this new cycle unfolds.

A.R.E. Pacific Northwest Region

A.R.E. Pacific Northwest Spirit

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Non-members may obtain a subscription for the price of \$12. Members are invited to assist our newsletter mission with a donation of \$12.

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Articles and letters to the editor are invited and articles become the property of the A.R.E. Pacific Northwest Spirit. Articles should not exceed 300 words.

Deadlines for submission are early January, early May, and early September. E-mail for exact dates.

The editorial team reserves the right to edit submissions and to refuse articles or ads that do not meet publication standards. Opinions of contributors do not necessarily represent those of the editorial team or A.R.E. Inc.

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News From Around the Region

The Area Teams carry on the A.R.E. work at the local level and are vital to the working of the Pacific Northwest Region. Members of the A.R.E. and friends of the Cayce work are invited to participate in any and all events including Area Team meetings. Because we are all interested volunteers, nothing will happen in the Region towards getting this message of spiritual renewal that is possible for every soul out to the people without the participation and work by such dedicated people.



Portland Area Team

by Raymond & Nobie Tarpey

2007 will be another great year for the Portland A.R.E. Come join us for the following activities:

- August 25, 2007 (Saturday) --- Portland Summer Picnic: "Psychic Games and Decoding the Past" Activities.
- September 21 - 23, 2007 (Friday through Sunday) --- Annual Fall Retreat. Theme: "*Unveiling the Ancient Secrets of Wisdom*" Guest Speakers are **Raymond Tarpey**--"The Ancient Wisdom of the Mayan Calendar and its Prophecies for 2012," **Susan West**--"Edgar Cayce and Astrology: Let there be light," and **Helene Emmerson**--"Toltec Wisdom/Medicine Wheel - Native American Spirituality."
- October 27, 2007 (Saturday) --- ARE Headquarters-sponsored workshop: Guest Speaker: **Carol Ann Liaros** "Intuition: Opening Your Heart Chakra."

See the ARE Pacific NW Region website: www.arepnw.org for more information.

And in Other News...

by Claudia Carabba

Do you have, or know of someone who has, **air miles** to donate? A weekend **retreat** or **getaway** you could obtain for fund-raising? **Art-work**? Or some other priceless gem of potential value? We are looking for items that can be used as fund raisers for auction. Go ahead; look for hidden treasures in that closet or attic! Call your favorite travel agent or airlines. Then contact Claudia at the Region toll-free number or email address.

I would love to travel to your area, bringing information from the readings, a workshop, help with Study Groups and the Prison Program. What are your needs? *What can we do for you?* Please write, phone or email me and let me know.

We have several items in the works to help support the Region in doing more programs and outreach:

- Gary Schoonveld has put together a 2008 **Search For God Appointment Book**. Two pages per week in an 8 ½ x 11" format. Each month features one of the 12 lessons (from SFG Book I) and includes various readings that accompany the lesson plus space for notes and your to-dos. These are available now for \$25.00 which also covers shipping and handling. He has done a beautiful job putting these together and you can order one or more by contacting Gary or Claudia via the Region phone or at our email address.
- We are bringing together good quality new, collectible or used items for **Internet Auction**. If you have an item(s), please send it (them) to me at our Region address and we'll see if we can use them. No returns though, so if it doesn't sell, we'll recycle at our Seabeck auction or at a thrift store.

Spring Seabeck Retreat Reviews March 23 – 25, 2007

Thank you to all who attended. Mark your calendar for next year: April 4 - 6, 2008. And thanks to all the volunteers and committee members: **Claudia Carabba, Gary Schoonveld, Omar Boulds, Bob Matney; Keith & Shirley Grinnell, Julia Craig; Maryellen Babbitt, Mary Kralman, Hallette Salazar, Cal McDonald and Marilyn Becklem.** Next Spring Seabeck Planning meeting is Saturday June 9, 2007, 1:00 pm at Keith Grinnell's home after the Area Team Meeting. The Spring Seabeck Planning Committee is looking for more volunteers. Please contact Keith Grinnell. – **Maryellen Babbitt, Program Chair**

The retreat began with the typical misty weather we all enjoy here in the magical Pacific Northwest. Our speaker, Gregg Unterberger, helped participants "Explore the Mysteries of Your Mind." Gregg's ability to open up and feel relaxed was evident in his presentation of amazing and interesting topics, including Edgar Cayce's Psychology of Happiness, Discover Past Lives, Touching the Afterlife, and Remote Viewing. Gregg's skill in presenting these topics is worth experiencing. The beautiful Seabeck Conference Center offered all its benefits to us: great food, good rooms, and excellent service and atmosphere. If you have not attended a Seabeck Retreat, you should definitely think about it. We are looking forward to seeing you there! – **David Heinz**

At the Spring Seabeck Retreat, I appreciated Gregg Unterberger's presentation of current clinical therapies involved with the mind and on intuition development, as well as his dedication to the work he does. During the audience group regressions and small group discussions which followed, insights emerged from the subconscious on personalities, potential abilities, past lives, and soul intentions, demonstrating that the mind is capable of much more than we are conscious of. Several of the methods to develop and nurture intuition I am exploring further to learn more about myself and my relationship with others. Already I've taken small intuitive risks and stepped into "not knowing," and experienced surprising results. The mind --the builder-- is a mystery worth exploring. – **G.B., Seattle**

Outreach - Our Chance to Serve Those Who Need Us

by Janet Marie, Director, *Discovery House*

When I joined A.R.E. in 1984, something within me longed for new friendships. I needed to be with people who were bold enough to question some of the traditional teachings of Christianity, but wise enough to not throw out the baby (Jesus) with the bath water.

About a month after sending my membership form, I received a hand-written note in the mail from a local member, Cal McDonald. He was an old-timer then, when he welcomed me into the A.R.E. community, and he still is today. Following Cal's note, local flyers and a quarterly newsletter came that provided information about events in my area. I was invited!

These gifts, the note, the flyers, and the newsletter, were the result of service offered by dedicated members. Through their study of Edgar Cayce's readings, they had come to believe that application in service was the foundation for spiritual growth. Their dedication made me feel welcome, and eventually the friendships that I sought were a part of my life forever.

Entering into the New Year, I examined my life again. I am one of the old-timers now. If I feel a void in my own spirituality, perhaps it is because I am lacking in service to my spiritual community. This time, it's my turn to reach out to others. I've discussed this with friends recently, and with members of my own Monday night A.R.E. Study Group. I've decided that, with their help, I can make changes. We request your prayers for love, protection, and guidance as we move forward with our local outreach. I look forward to increasing my own commitment in three different ways.

First, my husband, David Gerdts, is helping me monitor new memberships in Mason and Thurston Counties (in Washington State), and write personal notes to welcome new members of A.R.E. We will repeat the process three times during 2007. We hope to add other counties soon, as we work towards creating a "Capitol Area Team." We want to encourage other members in every county or province to begin welcoming new comers as well. We will gladly send you a copy of our simple Outreach Plan. E-mail us at DiscovHous@AOL.com.

Second, in cooperation with Discovery House, a local non-profit organization, our study group sponsored "*An Afternoon With Edgar*," on February 24, 2007 (Contact Janet for more information at (360) 943-6318 or at DiscovHous@AOL.com). We sent invitations to all Mason and Thurston County A.R.E. members in early February. It has been three years since we first tested this open-house approach in our community. We learned much the first time, and will improve upon our program this year. During the four-hour open house, films played on the big screen at Discovery House. In the library, we held informal discussions and offered coffee, tea, and snacks, as well as literature and handouts. Invitations to join our current study group, or to begin a new one, were also initiated.

The third part of our local effort led us to visit local small groups that already meet with varied agendas. This approach was offered last spring when I was asked, as the Director of Discovery House, to speak mid-week at a local church. Some of their members were exploring non-traditional religious and spiritual concepts, including meditation procedures of Zen Buddhism,

channeling as done by J Z Knight, and the practices of the Baha'i Faith. They also wanted to learn about Edgar Cayce.

Cal McDonald accompanied me to this church visit on a Tuesday night. We shared the new film about Cayce's life, *Beautiful Dreamer*, with the 20 people in attendance. Then, after a short break, we spent 45 minutes answering questions. I felt certain that those who attended were genuinely interested in Cayce's work, and that many of them would be following up with on-line research themselves on the A.R.E. headquarters website (www.EdgarCayce.org). They were especially interested in the health readings, and in prior-life experiences (PLE) as introduced into Edgar Cayce's readings.

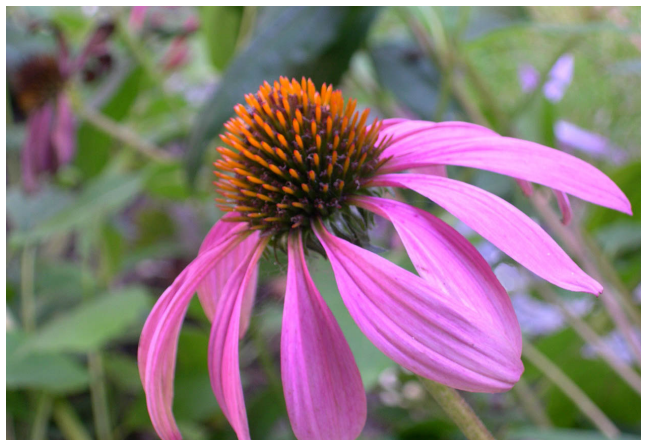
Discovery House will be offering this same type of presentation to local non-profits this year. Our initial invitations will be sent to local senior organizations, including social groups at retirement communities. Then we plan to send out similar invitations to local churches and groups of other faiths, to encourage inquiries into the life and work of Edgar Cayce.

In light of our world in turmoil, and the increasing violence and wars today, people of many faiths (and no-faith) are asking some true "reality" questions. Until recently, many chose the more politically correct path of sticking their heads in the sand. Simple common-sense questions are being asked loudly; previously quieted possibilities surface boldly as indicated by the media attention to *The Da Vinci Code*, by Dan Brown.

In this environment many are shocked into the awareness that Edgar Cayce was a dedicated Christian. With this knowledge, Christians especially are more apt to offer Cayce's teachings the credibility that otherwise was reserved only for currently ordained leaders within their chosen religious group. Even pastors and other church teachers are becoming more open-minded these days about the work of a Christian psychic who taught Sunday School for most of his life.

Edgar Cayce, whom many have only encountered on the front pages of tabloids as the "sleeping psychic," can be presented and received as the average dedicated Christian man that he was, serving humanity as best he could. Each of us is called to do the same today.

We must reach out! It's our turn!



(Photo by Steve Weiss)



Spiritual Growth in Small Groups

The Cayce material insists that everything one needs lies within self, each becomes his own teacher and a teacher to others. Why work in groups? It magnifies the results. Group work offers: support to its members; clarification and feedback; motivation to persevere; a safe environment; other points of view; open discussion. Through the study group, you get an understanding of spiritual law. It's the line upon line, precept upon precept that the readings suggest how we grow. With the help of group members and personal application and meditation, we all grow.

Below is a list of Study Groups and their contacts in our Region. Our Study Group Coordinator Darsi Bucher can be reached at 425-681-0020 (email: bu.rein@cablespeed.com). For these ASFG books or others contact Gary Schoonveld at 360-588-0662 toll free at 1-888-812-3386 or email at region-store@comcast.net.

<p><u>Washington</u></p> <p>Anacortes #1 Mutual Interest 3rd Sunday Claudia Carabba Cjcarabba999@comcast.net 360-708-4441</p> <p>Bellevue #2 SFG Tuesday 7:00 PM Marilyn Bechlem 206-632-3578</p> <p>Bellingham #1 SFG Thursday 7:30 PM Laura Clark brownie3@att.net 360-650-0530</p> <p>Bremerton #1 SFG Thursday 7:00 PM Mary Ellen Babbitt 360-377-7824</p> <p>Edgewood #1 SFG Tuesday 10:00 AM Marilyn Redmond Marilyn@angelicasgifts.com 253-845-4907</p> <p>Federal Way #1 SFG Tuesday 7:00 PM Keith & Shirley Grinnell Klgrinnell@Aol.com 253-839-9594</p> <p>Federal Way #2 SFG Friday 10:00 AM Keith Grinnell Klgrinnell@Aol.com 253-839-9594</p> <p>Gig Harbor #1 SFG Thursday 10:00 AM Sharon Falk sgregfalk@comcast.net 253-549-4038</p> <p>Pacific NW Prayer #1 Prayer by mail Germaine Morgan germaine@cityinsctr.com 206-547-2816</p>	<p>Puyallup #2 SFG Ardath Rock 253-848-2851</p> <p>#2 Eastside Family Youth SFG 3rd Sunday 1:00 PM Darsi Bucher bu.rein@cablespeed.com 425-681-0020</p> <p>Poulsbo / Kingston SFG Wednesday 6:30 AM Maryellen Babbitt 360-377-7824</p> <p>Renton #1 SFG Thursday 7:30 PM Mary C. Strunc struncshpfrm@aol.com 253-854-2832</p> <p>Richland #1 SFG Thursday 7:30 PM R Pierre Saget pierre_saget@hotmail.com 509-588-6546</p> <p>Snohomish #1 Prison SFG 2nd & 4th Friday 5:30 PM Cal McDonald cascade.cal@juno.com 360-668-2467</p> <p>Sno-King #1 SFG Tuesday 7:30 PM Bill McKenzie billinda.LC@verizon.net 425-702-6301</p> <p>Spokane Valley #4 SFG internet email Fred Miller fredthomasmiller@hotmail.com 509-893-2417</p> <p>Tumwater #1 Discovery Group SFG Monday 7:00 PM Janet Marie Jmarie1551@aol.com 360-349-3243</p>	<p>Vancouver #1 SFG Wednesday 7:00 PM Trudy Huff himmel41@aol.com 360-887-0720</p> <p>Yakima SFG Barbara Rankin 509-966-7047</p> <p><u>Idaho</u></p> <p>Boise #2 SFG Michael Burns mb1475@gmail.com 208-899-4132</p> <p>Iona #1 SFG Marguerite Nelson margueritenelson@aol.com 208-535-9285</p> <p>Pocatello #1 SFG Wednesday 7:00 PM Sally & Jack Philips johnphiljet@aol.com 208-232-2295</p> <p>Pocatello #2 SFG Janet Marugg marugg@cableone.net 208-233-2336</p> <p>Twin Falls #1 SFG Nancy Lemmons Nlemmons@Pmt.Org 208-733-5748</p> <p><u>Oregon</u></p> <p>Bend #1 Rosemary Sprong lordmattus@hotmail.com 541-389-4822</p> <p>Donald #1 Debra Holliday dlholl@wbcable.net 503-678-1303</p> <p>Grants Pass #1 SFG Wednesday 1:00 PM Karla Peterson mtnmom4@hotmail.com 541-956-9596</p>	<p>Hermiston #1 SFG Melanie Brown motherwillow@msn.com 541-567-0871</p> <p>Lake Oswego #1 Mutual Interest 3rd Saturday 10:00 AM Nobie & Raymond Tarpey nobtarpey@yahoo.com 503-697-8341</p> <p>Lincoln City #1 Mutual Interest Dee Cuenod 541-994-8402</p> <p>Pleasant Hills #1 SFG Kim Black kblack@lane.k12.or.us 541-726-5891</p> <p>Portland #1 SFG Michael & Yvonne Parker Graywolf@Webtv.Net 503-252-0764</p> <p>Portland #2 SFG Madge Kidd 503-287-1605</p> <p>Portland #5 SFG Muriel Cowing 503-659-6384</p> <p>Wallowa #1 SFG Wednesday 7:00 PM Jo Ann Deal mommy_deal@wallowa.us 541-886-6620</p> <p>Forest Grove #1 SFG Thursday 12:00 AM Milli Boldman millibolits@aol.com 503-357-9774</p>	<p><u>Alaska</u></p> <p>Anchorage #2 SFG Mary Oxley-Himstedt mhimstedt@acsalaska.net</p> <p>Anchorage/Nthn Lt #1 SFG Ronald & Sharon Trager trager@alaska.net 907-333-2546</p> <p><u>Montana</u></p> <p>Kalispell #1 SFG Thursday 7:00 PM Marianna Ward 406-752-5209</p> <p>Missoula #2 SFG Lee Rose Leejoy888@msn.com 406-542-5673</p> <p>Ronan #1 SFG Ellen Wicklund ellenDC@Ronan.net 406-676-0170</p> <p>Stevensville #1 SFG Jonathan Ford fordjd9@netscape.net 406-531-0556</p> <p><u>Canada</u></p> <p>Nanaimo BC SFG Wm & Judith Munns wmunns@shaw.ca 250-753-2110</p> <p><i>If you don't see a group in your area, contact Darsi; there could be other people in your area also looking for a study group. It just might become the beginning of a new group.</i></p>
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Do You Have Your Astrology Report?

by David Kralman

As a fund raiser for the Region, the Pacific Northwest Region offers personalized astrology reports for sale. These reports were created by professional astrologers via commercial astrology computer software. All reports are general astrology, with the exception of the Cayce Past Life report which uses interpretations from the Cayce readings, using both the Tropical and Sidereal zodiacs. Sample astrology reports are on the Region website (<http://www.arepnw.org>). Click on the Astrology link.

The service is provided by David and Mary Kralman as volunteers for the Region. All proceeds from the sale of astrology reports go to the Region. Use the form on the next page; checks should be made payable to A.R.E. Pacific Northwest Region.



The entrance and wooden bridge to Seabeck await attendees for the PNW Summer Conference "Our Limitless Possibilities" with Vicki Warren and Kimberly Clark Sharp. (Photo by Omar Boulds, Jr.)

Study Groups Update

by Darsi Bucher

A new group is forming in Kenmore Washington; please contact Wendy Topping at WendyWelke@aol.com or 425-770-3224 for more information. Okay everyone out there, send some good vibes to Kenmore. We wish you many blessings for your new adventure of research and enlightenment!!

If you would like more information about these groups or one in your local area, please contact the person listed in our Study Group Listing in this newsletter or check the link for study groups on the Region's website.

If you are a member of a study group, please check the listing on the previous page for correct contact information. If your group is missing from the list or information needs to be updated, please let me know at 425-681-0020 or bu.rein@cablespeed.com.

Steps Along the Path

by Gordon Yumibe

I'm not sure how many of you know of me, so I'll introduce myself. I've been involved with the regional organization for a couple of years and have been attending Spring and Summer Seabeck for about three years. I've been to Virginia Beach twice and am now enrolled in the Spiritual Mentoring program. I've got two more courses to go before I have my certificate. It is a good learning experience and an opportunity to share what I have learned.

I want to contribute more by connecting with my fellow members regularly. I thought I would do this by writing a column on things that are sticking in my mind that may be of interest to others. It can be a tool so we can learn from one another. I'd like to learn how lives have been changed from Edgar Cayce's readings.

My spiritual transformation started a long time ago and continues to evolve and grow. Over the years I have been influenced by Carl Jung, Robert Birdsong (a Gnostic approach), and the I Ching. Four years ago I became seriously involved with Edgar Cayce's work and the ARE. The help I received from the ARE enables me to become one with the Creative Force that Cayce describes as God.

After spending most of my study time by myself, I realized how important it is for my goals to be open to being helped, and in turn, helping others. I'd also like to acknowledge the contributions made by the generation of members who have helped establish the ARE organization both nationally and regionally. I feel gratitude for everyone involved. Now as I continue to grow and expand, I want to contribute more, to pay back, by sharing what I learn.

We can all learn from one another. I would like to begin this dialogue by sharing my recent experiences. I'd love to hear from everyone interested in something I am saying or needing further clarification. You can send your thoughts to me at yumibe@earthlink.net.

Health issues have a tremendous effect on our spiritual values. I've been seriously ill twice and the last one was very recent. Last fall I was diagnosed with breast cancer, uncommon in males. I had a successful surgery, and am now safely past that. An article in the newspaper talked about living with a very serious illness, and how much it changes our everyday lives. We decide to live in fear or we can move forward courageously.

My illness ended up being an amazing experience. My senses became much more aware of my physical surroundings. One afternoon spent watching the light reflected in my room was like being in a painting of Monet. In inner visions I saw five beings lighting my pathway ahead with torches, and waiting patiently for me around a fire. One night I heard all the prayers that were said for my recovery. Now that my daily rhythms are what they were before, the seriousness fades into a memory, yet I will never forget how grateful I am for all the help I received from everyone.

Peace.

Insert Astrology form pg 7

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What is the A.R.E.®? The Association for Research and Enlightenment founded by Edgar Cayce in 1931 is an international non-profit, nonsectarian membership organization, headquartered in Virginia Beach, Virginia. Its mission is to promote the study, application, and dissemination of the information contained in the psychic readings of Edgar Cayce, and to help people change their lives for the better through spiritual concepts in the Cayce readings.

Blessings to you!

Calendar of Events

See www.arepnw.org for more information on all events

July 4-8, 2007

Summer Seabeck Conference
“Our Limitless Possibilities”

With Vicki Warren and
Kimberly Clark Sharp.

Contact: Darsi Bucher
425-681-0020 or

bu.rein@cablespeed.com

Registration forms and an event brochure
can be downloaded from the website.

Aug 4, 2007, 10:00 - 4:00

Puget Sound Area Team
Salmon Bake Potluck

Auburn, WA, Les-Gove City Park

Contact: Keith Grinnell

253-839-9594 or

klgrinnell@aol.com

August 25, 2007

Portland Summer Picnic

“Psychic Games and Decoding the
Past”

September 21 - 23, 2007

Portland Annual Fall Retreat.

“Unveiling the Ancient Secrets of Wisdom”

with Raymond Tarpey, Susan West and
Helene Emmerson.

October 27, 2007

Portland

ARE Headquarters-sponsored workshop:

“Intuition: Opening Your Heart Chakra”

with Carol Ann Liaros

What is the A.R.E.® Pacific Northwest Region? Established in 1993, the A.R.E.® Pacific Northwest Region serves the membership in British Columbia in Canada, the Yukon, Alaska, Washington, Oregon, Idaho, and Western Montana. The membership is fostered at the local level with a quarterly newsletter, Spiritual Growth Groups, “Search for God” Study Groups, a prayer network, youth retreats, and other services. The Region is served by a Core Team. We invite all members to join one of the Region or Area Teams, which are the major interface between the Organization and the community in which they reside. For more information about the Pacific Northwest Region, call our toll-free number: 1-888-812-3386.